



# ANNUAL REPORT

## MSU Extension Gogebic County

Food • Ag • Youth • Health • Environment • Community

Since 1914, the Michigan State University (MSU) Extension has helped residents in Gogebic County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**9**

Programs hosted in Gogebic County

**430**

Gogebic County Residents participated in programs offered by MSU Extension

**127**

MSU Extension Programs Attended by Gogebic County Residents, either in or outside of Gogebic County, or online.

**280**

Participants in programs led by Gogebic County staff on-line or statewide

**564**

Individual class sessions attended

**8**

Submissions to Ask an Expert

**23**

Programs delivered by Gogebic County Staff

## GOGEBIC COUNTY STAFF

**1**

Educator

**1**

Program Instructor

**1**

4-H Program Coordinator

**8**

Partnerships and coalitions

# GOGEBIC COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Direct Marketing Webinar
- Lawn & Garden Hotline
- Ask an Expert Contacts
- Basic Home Hydroponics

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- 2021 Introduction to Lakes Online Course
- Citizen Science Program MiCorps Cooperative Lakes Monitoring Program
- Introduction to Orienteering
- Presentation Series: Gogebic and Iron County Lake Outreach

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools MSU Extension helps enhance the quality of life in Michigan.

- U.P. Tourism Coffee Hour
- Ironwood First Impressions Tourism Digital Assessment
- 2021 Resiliency Planning Webinar Series

## Community (cont.)

- Citizen Planner Online
- Fiscally Ready Communities
- Regional Meetings for ARPA Local Government Funding
- Zoning Administrator Certificate Program

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Online National Diabetes Prevention Program
- Healthy Lifestyle Choices Stress Less With Mindfulness
- SLEEP Curriculum
- RELAX Alternatives to Anger
- Online Matter of Balance
- Geriatric Behavioral Health
- Healthy Lifestyle Choices Tai Chi for Fall Prevention

## Family and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- U.P. Livestock Series
- U.P. Livestock Series II
- Crime and Spy Science SPIN Club
- Tips to Build and Protect your Credit
- Michigan Birding 101
- U.P. 4-H Babysitter SPIN Club
- 4-H U.P. Leader Development Workshop
- Healthy Living - Daniel Gil Presentation
- Gogebic County Head Start Program
- Ironwood 4th Grade Class Program